

Kildare Sports Ability Groups

This document highlights the various clubs, groups, and organisations providing inclusive physical activity and sporting opportunities for people with disabilities in county Kildare.

#KildareSportsAbility



Basketball For All

- [North Kildare Eagles Basketball Club](#)

Football For All

- [Clane United AFC](#)
- [Coill Dubh AFC](#)

Multi-Sports

- [Lilywhite Wheelers](#)
- [NK Multi-Sports Club](#)

Tennis

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Cricket4All

- [North Kildare Cricket Club](#)

GAA All-Stars

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- [St. Kevin's/Rathcoffey/Caragh GAA](#)
- [St. Laurence's GAA](#)

Special Olympics

- [Celbridge Condors Special Olympics Athletics Club](#)
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Cycling

- [Learn To Cycle](#)

Inclusive Rugby

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- [North Kildare RFC Skylarks](#)

Swimming

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Kildare Sports Ability Timetable

Activity/Sport	Club/Group	Day/s	Time/s	Venue	Age Range	Inclusive	Coordinator Contact
Basketball	North Kildare Eagles	Saturday	11:15am-12:15pm	Maynooth	Juveniles	Intellectual Physical Sensory	Helen O’Duffy northkildarebasketball@gmail.com
Cricket	North Kildare	Friday	6:00-8:30pm	Kilcock	Juveniles & Adults	Intellectual Physical Sensory	Radha Venkat 0872527012
Cycling	Learn To Cycle	Tuesday	4:00-6:00pm	Monread Community Centre, Naas	Juveniles	Intellectual Physical Sensory	Fiach Andrews fandrews@kildarecoco.ie
GAA	Celbridge	Saturday	12:00-1:00pm	Celbridge GAA Club	Juveniles	Intellectual Physical Sensory	Lorraine Kavanagh 0876257563
GAA	Confey	Tuesday	5:00-6:00pm	Confey GAA Club	Juveniles	Intellectual Physical Sensory	Wendy Slattery confeyallstars@gmail.com
GAA	Sarsfields	Saturday	10:00-11:00am	Scoil na Naomh Uilig, Newbridge	Juveniles	Intellectual Physical Sensory	Eamonn Harnett 086 601 3367
GAA	St. Kevin’s/Rathcoffey/Caragh	Friday	6:00-7:00pm	St. Kevin’s GAA Club, Staplestown	Juveniles	Intellectual Physical Sensory	Sinead Heneghan 087 638 5406 heneghansinead@gmail.com
GAA	St. Laurence’s	Saturday	9:00-10:00am	St. Laurence’s GAA Club	Juveniles	Intellectual Physical Sensory	Chloe Dowling 085 1199977 cdowlingfoye@gmail.com
Multi-Sports	Lilywhite Wheelers	Wednesday	6:00-7:00pm	Naas Sports Centre	Juveniles	Intellectual Physical Sensory	https://www.facebook.com/TheLilywhiteWheelers
Multi-Sports	NK Multi-Sports Club	Tuesday	1:30-2:30pm	Confey GAA Club	Adults	Intellectual	Fiach Andrews fandrews@kildarecoco.ie
Rugby	Cill Dara Foxes	Saturday	10:00-11:00am	Cill Dara RFC, Kildare Town	Juveniles	Intellectual Physical Sensory	Paul McGrath 0872958643

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Rugby	MU Barnhall Buffaloes	Sunday	11:00am-12:00pm	Parsonstown, Leixlip	Adults	Intellectual	Anto Larkin 0872128837 James Jones 0873768754
Rugby	Naas Vipers	Saturday	9:30-10:30am	Naas	Juveniles	Intellectual Physical	Ciarán Keegan 087 614 9770 ckeegan@naascc.ie
Rugby	North Kildare Skylarks	Thursday	6:15-7:15pm	Kilcock	Juveniles	Intellectual Physical Sensory	Sinead Griffin nkrcwo@gmail.com
Soccer	Clane United	Saturday	10:00-11:00am	Clane United AFC	Juveniles	Intellectual Physical Sensory	Colin O’Brien M: 086 879 9590 E: colin.e.obrien@intel.com
Soccer	Coill Dubh	Sunday	1:00-2:00pm	Coill Dubh AFC	Juveniles	Intellectual Physical Sensory	Sharon Ryan 0851071205 sharonrryan.sr@gmail.com
Special Olympics	Celbridge Condors	Wednesday	6:45-7:45pm	Celbridge	Juveniles & Adults	Intellectual	Maura Kiernan mauramkiernan@gmail.com
Special Olympics	Leixlip	Sunday	11:00am-1:00pm	Leixlip	Juveniles & Adults	Intellectual	John Boland jboland1970@gmail.com
Special Olympics	Naas	Monday & Thursday	TBC	Naas	Juveniles & Adults	Intellectual	Denise Keegan M: 085 174 4991 E: brogandenise@gmail.com
Swimming	Swimmingly	Monday-Saturday	Flexible	Inchaquire / Killashee	Juveniles	Intellectual Physical Sensory	Emma Webb info@swimmingly.ie
Tennis	Athy Tennis	Monday-Sunday	Flexible	Athy Tennis Club	Juveniles & Adults	Intellectual Physical Sensory	Gary Beresford M: 087 767 9328 E: beresfordgary@hotmail.com
Tennis	Naas Tennis	Tuesday	1:00-2:30pm	Naas Lawn Tennis Club	Adults	Visual Impairment	Pete Lowther 087 966 4660 petelowther@hotmail.com

North Kildare Eagles Basketball Club



When:	Sunday Mornings 11:15am-12:15pm
Where:	North Kildare Basketball Club Maynooth.
Coordinator Contact:	Helen O'Duffy E: northkildarebasketball@gmail.com
How To Register:	Email Coordinator
Sessions Inclusive Of:	Children with Intellectual, Physical, and Sensory Disabilities
Social Media:	North Kildare Basketball - Home Facebook North Kildare Basketball (@NorthKildare) / Twitter

North Kildare Cricket Club

When:	(U16's) Friday Evenings 6:00-7:15pm (16+) Friday Evenings 07:30-08:30pm
Where:	North Kildare Club Maws, Kilcock, Co. Kildare. W23 NR2F.
Coordinator Contact:	Radha Venkat M: 0872527012
How To Register:	Phone Coordinator
Sessions Inclusive Of:	Children with Intellectual, Physical, and Sensory Disabilities
Social Media:	Welcome To North Kildare Cricket Club (northkildarecc.com) North Kildare Cricket Club - Home Facebook https://twitter.com/nkcricket www.NORTHKILDARECC.com

Learn to Cycle



When: Tuesday Afternoons 4:00-5:00pm & 5:00-6:00pm (April 18th - May 23rd)

Where: Monread Community Centre
Maudlins Avenue, Maudlings, Naas, Co. Kildare. W91 FNV9.

Coordinator Contact: Fiach Andrews
M: 087 361 2761 E: fandrews@kildarecoco.ie

How To Register: <https://pay.easypaymentsplus.com/feepay1.aspx?id=468>

Sessions Inclusive Of: Children with Intellectual, Physical, and Sensory Disabilities

Social Media: <https://www.facebook.com/KildareSportsPartnership/>
https://twitter.com/KildareSP?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor
https://www.instagram.com/kildare_sports_partnership/?hl=en

Clane United AFC



When:	Saturday Mornings 10:00-11:00am
Where:	Clane United AFC Ballinagappa Road, Crockaun Commons, Clane, Co. Kildare.
Coordinator Contact:	Colin O'Brien M: 086 879 9590 E: colin.e.obrien@intel.com
How To Register:	Email Coordinator
Sessions Inclusive Of:	Children with Intellectual, Physical, and Sensory Disabilities
Social Media:	Clane United Football Club - Home Facebook Clane United AFC (@ClaneUtdAFC) / Twitter https://www.instagram.com/claneunitedfc/?hl=en

Coill Dubh AFC Football For All

**When:**

(U16's) Sunday Afternoons 1:00-2:00pm

Where:

Cusack Park
Coill Dubh, Blackwood, Co. Kildare.

Coordinator Contact:

Sharon Ryan
M: 0851071205 E: sharonrryan.sr@gmail.com

How To Register:

Phone Coordinator

Sessions Inclusive Of:

Children with Intellectual, Physical, and Sensory Disabilities

Social Media:

<https://www.facebook.com/groups/316751303711734/?ref=share>

Celbridge GAA All-Stars

**When:**

Sunday Afternoons 12:00-1:00pm

Where:

Celbridge GAA Club
Hazelhatch Road, Celbridge, Co. Kildare. W23 YY29.

Coordinator Contact:

Lorraine Kavanagh
M: 0876257563

How To Register:

https://member.clubforce.com/memberships_cart_m.asp?ll_id=1002&cbl=1

Sessions Inclusive Of:

Children with Intellectual, Physical, and Sensory Disabilities

Social Media:

[Celbridge GAA \(@celbridgegaa\) • Instagram photos and videos](#)
[OfficialCelbridgeGAA \(@CelbridgeGAA\) / Twitter](#)
<http://www.celbridgegaa.com/club/>

Confey GAA All-Stars



When:	Tuesday Evenings 5:00-6:00pm
Where:	Confey GAA Club Confey, Leixlip, Co. Kildare. W23 A66T.
Coordinator Contact:	Wendy Slattery E: confeyallstars@gmail.com
How To Register:	Email Coordinator
Sessions Inclusive Of:	Children with Intellectual, Physical, and Sensory Disabilities
Social Media:	https://www.instagram.com/confeyallstars/ https://www.facebook.com/ConfeyGAA/ https://twitter.com/confeygaa?lang=en

Sarsfields GAA All-Stars



When:	Saturday Mornings 10:00-11:00am
Where:	Scoil na Naomh Uilig Rickardstown, Newbridge, Co. Kildare. W12 FK10.
Coordinator Contact:	Eamonn Harnett M: 086 601 3367
How To Register:	https://forms.gle/PizcqEqQkPqWuBtJ9
Sessions Inclusive Of:	Children with Intellectual, Physical, and Sensory Disabilities
Social Media:	https://instagram.com/sarsfieldsgaakildare?utm_medium=copy_link https://www.facebook.com/sarsfieldsnewbridge/ https://twitter.com/sashgaa?s=21

St. Kevin's - Rathcoffey - Caragh GAA All-Stars



When:

Friday Evenings 6:00-7:00pm

Where:

St. Kevin's GAA
Staplestown, Co Kildare. W91 Y653.

Coordinator Contact:

Sinead Heneghan
M: 087 638 5406 E: heneghansinead@gmail.com

How To Register:

<https://forms.office.com/r/GdUhZJnMQ5>

Sessions Inclusive Of:

Children with Intellectual, Physical, and Sensory Disabilities

Social Media:

<https://www.facebook.com/stkevinsgfc/>

St. Laurence's GAA All-Stars

When:	Saturday Mornings 9:00-10:00am
Where:	St. Laurence's GAA Killeen, Narraghmore, Co. Kildare. R14 CX28.
Coordinator Contact:	Chloe Dowling M: 085 1199977 E: cdowlingfoye@gmail.com
How To Register:	Email Coordinator
Sessions Inclusive Of:	Children with Intellectual, Physical, and Sensory Disabilities
Social Media:	St. Laurence's GAA - Home Facebook St. Laurence's GAA (@StLaurencesGaa) / Twitter St. Laurence's GAA (@st.laurencesgaa) • Instagram photos and videos

Cill Dara Foxes RFC

**When:**

Saturday Mornings 10:00-11:00am

Where:

Cill Dara RFC
Silken Thomas Park, Dunmurry, Kildare Town Co. Kildare. R51 R924.

Coordinator Contact:

Paul McGrath
M: 0872958643

How To Register:

https://member.clubforce.com/memberships_cart_m.asp?ll_id=1402&clb=1

Sessions Inclusive Of:

Children with Intellectual, Physical, and Sensory Disabilities

Social Media:

<https://www.facebook.com/cilldararfc/>
<https://twitter.com/CillDaraRFC>

MU Barnhall Buffaloes



When:	Sunday Mornings 11:00am-12:00pm
Where:	MU Barnhall RFC Parsonstown, Leixlip, Co. Kildare. W23 V56N.
Coordinator Contact:	Anto Larkin M: 0872128837 James Jones M: 0873768754
How To Register:	Contact Coordinator
Sessions Inclusive Of:	Adults with Intellectual Disabilities
Social Media:	www.mubarnhallrfc.com

Naas Rugby Club Vipers

**When:**

Saturday Mornings 9:30-10:30am

Where:

Naas RFC
Forenaughts, Naas, Co. Kildare. W91 AX81.

Coordinator Contact:

Ciarán Keegan
M: 087 614 9770 E: ckeegan@naascc.ie

How To Register:

<https://www.naasrugby.com/pages/vipers-inclusive-team>

Sessions Inclusive Of:

Children with Physical and Intellectual Disabilities

Social Media:

<https://www.facebook.com/NaasRugby/>
<https://www.instagram.com/naasrugbyclub/?hl=en>
https://twitter.com/NaasRFC?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor

North Kildare RFC Skylarks



When:	Thursday Evenings 6:15-7:15pm
Where:	North Kildare RFC The Maws, Kilcock, Co. Kildare.
Coordinator Contact:	Sinead Griffin M: 0868180273 E: Contact nkrcwo@gmail.com
How To Register:	Contact nkrcwo@gmail.com
Sessions Inclusive Of:	Children with Intellectual, Physical, and Sensory Disabilities
Social Media:	https://twitter.com/NKRFC https://www.instagram.com/northkildarerugby/?hl=en

Lilywhite Wheelers

**When:**

Wednesday Evenings 6:00-7:00pm

Where:

Naas Sports Centre
Caragh Rd, Naas West, Naas, Co. Kildare.

Coordinator Contact:

<https://www.facebook.com/TheLilywhiteWheelers>

How To Register:

<https://www.facebook.com/TheLilywhiteWheelers>

Sessions Inclusive Of:

Children with Intellectual, Physical, and Sensory Disabilities

Social Media:

<https://www.facebook.com/TheLilywhiteWheelers>

NK Multi-Sports Club

When:

Tuesday Afternoons 1:30-2:30pm

Where:

Confey GAA Club
Confey, Leixlip, Co. Kildare. W23 A66T.

Coordinator Contact:

Fiach Andrews
M: 087 361 2761 E: fandrews@kildarecoco.ie

How To Register:

Email Coordinator

Sessions Inclusive Of:

Adults with Intellectual Disabilities

Social Media:

<https://www.facebook.com/KildareSportsPartnership/>
https://twitter.com/KildareSP?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor
https://www.instagram.com/kildare_sports_partnership/?hl=en

Celbridge Condors Special Olympics Athletics Club



When:	Wednesday Evenings 6:45pm – 7:45pm
Where:	Celbridge Athletics Club 8 Rockbridge, Celbridge Abbey, Celbridge, Co. Kildare. W23 X324.
Coordinator Contact:	Maura Kiernan E: mauramkiernan@gmail.com
How To Register:	https://www.specialolympics.ie/clubs/how-to-join-a-club
Sessions Inclusive Of:	Children and Adults with Intellectual Disabilities
Social Media:	Celbridge Condors Special Olympics Club - Home Facebook

Leixlip Special Olympics Basketball and Bocce Club

When:

Sunday 11:00am - 1:00pm

Where:

Leixlip Amenities Centre
135 Elton Court, Leixlip, Co. Kildare. W23 V6F3.

Coordinator Contact:

John Boland

E: jboland1970@gmail.com

How To Register:

<https://www.specialolympics.ie/clubs/how-to-join-a-club>

Sessions Inclusive Of:

People with Intellectual Disabilities

Social Media:

<https://leixlipsoc.wordpress.com/>

Naas Special Olympics Club

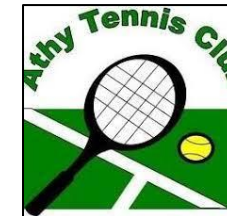
Basketball, Bowling, and Floorball

When:	Monday & Thursday Evenings
Where:	Naas Co. Kildare.
Coordinator Contact:	Denise Keegan M: 085 174 4991 E: brogandenise@gmail.com
How To Register:	https://www.specialolympics.ie/clubs/how-to-join-a-club
Sessions Inclusive Of:	People with Intellectual Disabilities
Social Media:	Naas Special Olympics Club - Home Facebook

Swimmingly

When:	Monday – Saturday (Morning – Evening)
Where:	Inchaquire R14F670 & Killashee
Coordinator Contact:	Emma Webb E: info@swimmingly.ie
How To Register:	Email info@swimmingly.ie
Sessions Inclusive Of:	Children with Intellectual, Physical, and Sensory Disabilities
Social Media:	https://www.facebook.com/Swimmingly.ie/

Athy Tennis Club



When:	Arrange with Coordinator
Where:	Athy Tennis Club Showgrounds, Dublin Road, Athy, Co Kildare. R14 EY01.
Coordinator Contact:	Gary Beresford M: 087 767 9328 E: beresfordgary@hotmail.com
How To Register:	https://www.itsplainsailing.com/org/athytc
Sessions Inclusive Of:	People with Intellectual, Physical, and Sensory Disabilities
Social Media:	www.facebook.com/athytennisclub

Naas Lawn Tennis Club Visually Impaired Tennis

**When:**

Tuesday Afternoons 1:00-2:30pm

Where:

Naas Lawn Tennis Club
Greenaun, Naas, Co. Kildare. W91 HV02.

Coordinator Contact:

Pete Lowther
M: 087 966 4660 E: petelowther@hotmail.com

How To Register:

https://forms.office.com/Pages/ResponsePage.aspx?id=j8GWXtx3m02dfwsmPGaj-Pjk5xGdMuZMqwoxB_EoIWJUOUdESEpWUkhMVIpRRE5ZNU1OU0xCS05ITy4u

Sessions Inclusive Of:

People with a Visual Impairment

Social Media:

<https://www.facebook.com/LTCNaas/>
<https://twitter.com/ltcnaas>
<https://www.instagram.com/ltcnaas/?hl=en>
<http://visionsports.ie/>